



Free Movement and Music Workshop

Register Today

Come engage your body and raise your voice in a fun and relaxed atmosphere with other music makers of all levels. Explore how humans have been connecting through music for thousands of years, then learn how to safely warm up your voice and body and take part in a call-and-response group sing. No previous experience necessary!

Workshop Dates (choose one):

- ▶ **Tuesday, Oct. 18, 11 a.m-12:30 p.m**
- ▶ **Thursday, Oct. 20, 6-7:30 p.m.**

- ▶ Located at the UMB Community Engagement Center (CEC)
16 S. Poppleton St.
Baltimore, MD 21201.

Register: bitly.ws/uApv

Hover over this QR code with your smartphone camera, then touch the link that appears on your screen to register.



- ▶ For more information, contact Liv Myers
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or call 410-706-5620.